



610-455-4040
855-251-8777
info@ebschildrenstherapy.com
www.ebschildrenstherapy.com
200 Skiles Blvd. | West Chester, PA 19382

Dear Parent:

Having a child who does not eat well is a stressful, frustrating, confusing and at times, medically concerning problem. We at EBS Children's Therapy understand how complex feeding difficulties can be. Because of these complexities, we believe it is important to look at the "whole" child and to assess all the possible contributing factors in a feeding problem through the use of an Interdisciplinary Evaluation Team. Our Team is made up of a speech-language pathologist, occupational therapist, and behavioral therapist, that consult with other psychologists, physical therapists, registered dietitians and pediatricians. We are all committed to helping you and your child identify what is interfering with your child's mealtime success.

In order to help us prepare for your child's evaluation, we would like you to carefully read over the following information and to complete the enclosed forms. Please make sure that you complete and return EACH of these documents

- Referral for Feeding Therapy from Pediatrician
- 3 Day Diet History
- Release/Obtain Information Form
- Cancellation, Illness, and HIPAA Policies
- Photograph/Video Permission Form
- Informed Consent
- Financial Policy
- Copy of Insurance Card
- Talking to Insurance Company (Keep for your records)

Please complete the forms in as much detail as possible. Many items on the forms can be answered by a simple YES or NO. If you answer YES, please explain your answer thoroughly in the space provided. If you cannot or wish not to answer a question, you can leave it blank. If a question does not apply to your child, you can write NA for "not applicable".

Please return your completed forms by scanning and emailing them to nora.murphy@ebschildrenstherapy.com or dropping them off at the front desk in person **AT LEAST 1 WEEK** prior to your child's scheduled evaluation.

THE FEEDING APPOINTMENT:

_____ On the day of your appointment, the Evaluation Team will be observing your child, yourself and preferably all other major caretakers having a snack together. The Team will

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observe from behind a one-way mirror so as to not disturb your child with a large number of strangers.

The full Feeding Evaluation is made up of 3 parts:

1. Face-to-Face feeding assessment (1 hour)- Parents and child
2. Team meeting and Report write-up (1 hour) +returning your child to school, day care or a baby sitter
3. Parent "Interpretive" session (30 minutes) to review report and recommendations- Parents only

Face-to-Face Feeding Assessment with you and your child:

For the Feeding Evaluation portion, we would like you to **bring at least 2-3 foods of different textures and 1 drink that your child will most likely eat, and at least 1-2 food(s) your child will most likely refuse.** We want to be able to assess your child's current skill level with foods that they do well with, as well as determining how they handle more challenging foods.

Please also **pack your child's preferred utensils, cup, bottles, and dishes** to make the assessment situation as "home-like" as possible. If you have an older child, you can explain that you are packing a "picnic" to eat together at the food school, and that the food school teachers help children and families learn to eat better together.

Please also give your child only a light breakfast on the day of their appointment and that you **NOT** feed them for at least 1 ½ hours before their scheduled appointment time.

Report Writing/Team Meeting and Child Transport:

After the face-to-face portion of the Feeding Evaluation has been completed, we would like to have you bring your child to daycare, a babysitter, or school for the remainder of the evaluation. Please make arrangements in advance so that you can be fully focused in the interpretive session on hearing the results and what can be done to help your child's issues. If you cannot arrange for anyone to watch your child, please call (610) 455-4040 to discuss other options that may be available.

Parent Interpretive Session:

This portion of the assessment is to review all of the Team's findings and treatment recommendations with you. In addition, you will have time to ask any questions that you may have not yet been able to get answered. This session is approximately 30 minutes, depending on the number of questions you have. The "interpretive" session begins with a summary of the therapists' findings during the assessment. Then, the therapists' recommendations and next steps are explained. You should receive a Draft copy of the report at the end of your meeting. A final copy of the report will be sent to you and your child's physician, sometime during the following 4 weeks.

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Payment and Insurance:

EBS Children's Therapy will bill your insurance for 3 different evaluations, as 3 different disciplines are evaluating your child. If you have a co-pay for each discipline, the total of all will be collected on the initial evaluation only. As a complimentary service, EBS Children's Therapy will verify your insurance benefits. However, it is your responsibility to know your child's insurance benefits.

For further information, please give us a call at 610-455-4040 or email us at nora.murphy@ebschildrenstherapy.com

Sincerely,

Sarah Moreau, M.A., CCC-SLP, CLC
Feeding Program Coordinator

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